

Training & Development

A Guide for Private Foster Carers



Safeguarding Children

A course for new foster carers that will cover the following issues:

- What is child abuse.
- Who abuses children
- Legislation, including the Children Act 2004
- Procedures
- Case studies
- Values and attitudes
- Indicators of abuse
- How children may disclose abuse
- Roles and responsibilities of professional agencies and others.



Safer Care

This course aims to aid carers by helping them:-

- Understand what is safer care.
- Understand why we have to think about safer care.
- Understand how children and young people can be unsafe.
- Understand the concepts of hazards, risks and vulnerability.
- Understand the hazards of living and working with traumatised children and young people.
- Understand how to assess risk to the child, carers and others.
- Think about how to manage risk.



Allegations

A course for carers that will cover the following issues:-

- Allegations.
- Concerns.
- Complaints.



Internet Safety

The internet can be a wonderful resource but it can present significant risks to children. To help minimise these risks Dudley MBC has developed an **Internet Safety Policy**. This half day course will cover some of the following points:-

- The Dudley MBC Internet Safety Policy
- The online activities that children take part in and the risks that are involved in these activities
- Some of the issues around the use of social networking sites such as Facebook;
- Minimising the risks to help children use the internet responsibly and effectively;
- Viewing some of the Internet Safety resources that are available;

KEEP

Completion of the KEEP training programme will provide the practical skills and support giving carers the confidence to use new behaviour management strategies when dealing with children.

What is KEEP?

- Evidence based Positive Parenting Programme aimed at carers
- Intervention to reduce challenging behaviours and promote positive behaviour and life skills
- 16-Week Programme
- Combines both skills training and support networking to help reduce carer stress



KEEP P

Training designed specifically for carers of pre-school age children (3 to 6 years). Course is one day a week for 16 weeks



KEEP STANDARD

For carers of children between the ages of 5 and 12 years, again carers spend one day a week for 16 weeks covering topics such as:-

- Teaching new behaviours
- Setting limits
- Learning discipline strategies
- Promoting school success
- Managing stress

KEEP SAFE

A course for those with adolescents. spread over 20 weeks and carers spend a day each week covering sessions that include:-

- Engaging, motivating and focusing
- Understanding effective discipline
- School success
- Sexual behaviour
- Substance use



Health & Safety

First Aid

Split into two parts, a one day course concentrating on Emergency Aid and a two day course dealing specifically with paediatric first aid.



Health & Hygiene



This course explores hygiene hazards and the control of contamination and infection. You will recognise the importance of personal hygiene and the need for high standards and the importance of cleaning

Notes:

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If you require a translation of this booklet into another language or a copy in another format such as large print or audio tape, please call 01384 815833

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Grazie Danke Ευχαριστίες Dalu Obrigado
Thank You Köszönöm Tack
Спасибо Dank Gracias
谢谢 Merci Seé ありがとう

The above are just a sample of the courses we run for carers, if you would like more information please contact:-

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